

## **Welcome to Hill House**



## **August Newsletter**

“Dry August and warm doth harvest no harm

If the first week of August be warm, the winter will be white and  
long.”

## **IN HOUSE NEWS**

Hi All, we will be having a Summer Party with a difference on Thursday 4<sup>th</sup> August starting at 2.30 pm with entertainment from singer Patrick followed by a Barbecue at 4pm for family and friends to attend. We will have several other activities going on such as guess the weight of the cake, how many sweeties in a jar, hook a duck, tombola/raffle and find the treasure on a map. Please see Julie and Denise for further details.

## WHATS HAPPENING IN AUGUST

Thursday 4<sup>TH</sup> – Patrick Singing 2.30 - 4pm

Thursday 11<sup>h</sup> – Luc and his Harp

Tuesday 16<sup>th</sup> – Sharon the Violinist

Wednesday 17<sup>th</sup>- Torbay Owls

Wednesday 24<sup>TH</sup>- Mac Singing 2pm

Tuesday 30<sup>th</sup> – Andy Singing 2pm

**THERE WILL ALSO BE OUTINGS WHEN WE HAVE  
THE BUS AT HILL HOUSE**





**A**ugust is known for many things, including the dog days of summer, National Watermelon Day (Aug. 3) and National Smile Week (Aug. 5-11). But there are many other fun facts associated with summer's last full month.

August is named after Augustus Caesar, founder and the first emperor of the Roman Empire, who was posthumously adopted by his maternal great-uncle Gaius Julius Caesar.

In the early Roman calendar, August was actually the sixth month of the year. It was originally 30 days in length, but an extra day was added so that it would equal the number of days in July, which was named after Julius Caesar.

August has two birthstones: peridot and sardonyx. Peridot is among the oldest known gemstones and is green in colour. Sardonyx, which is lesser-known, is a white- and brown-banded gemstone once believed to have mystical powers.

The official flower for August is the gladiolus. These vertical-growing flowers were named from the Latin "gladius," meaning a sword.

## **AUGUST BIRTH SIGNS**

### **Leo (July 23 - August 22)**

Roll out the red carpet because Leo has arrived. Passionate, loyal, and infamously dramatic, Leo is represented by the lion and these spirited fire signs are the kings and queens of the celestial jungle. They're delighted to embrace their royal status: Vivacious, theatrical, and fiery, Leo's love to bask in the spotlight and celebrate... well, themselves.

### **Virgo (August 23 - September 22)**

You know the expression, "if you want something done, give it to a busy person?" Well, that definitely is the Virgo anthem. Virgos are logical, practical, and systematic in their approach to life. Virgo is an earth sign historically represented by the goddess of wheat and agriculture, an association that speaks to Virgo's deep-rooted presence in the material world. This earth sign is a perfectionist at heart and isn't afraid to improve skills through diligent and consistent practice.



Betty Hodge 19<sup>th</sup> August

Joy Woodland 21<sup>st</sup> August



## ACTIVITIES

HILL HOUSE WILL BE SHARING THE NEW MINI BUS WITH OUR TWO SISTER HOMES AND WE WILL HAVE USE OF THE BUS EVERY TWO WEEKS IN SIX.

JULIE AND DENISE ARE VISITING RESIDENTS IN THEIR ROOMS OFFERING ONE TO ONE TIME AND WHERE PRACTICABLE THE FOLLOWING - REMINISCENCE AND DISCUSS, QUIZZES, MANICURES, READING NEWSPAPERS AND BOOKS, ANAGRAMS, SINGALONGS, CHOICE OF GAMES, ONE TO ONES, KARAOKE, CRAFTS, PAINTING, FILMS

ALL THE USUAL ACTIVITIES WILL STILL BE TAKING PLACE IN THE SUN LOUNGE DAILY WHEN RESTRICTIONS ARE LIFTED

FINGERS CROSSED WE CAN CONTINUE TO HAVE ENTERTAINERS BACK TO SING AND SIMON WITH HIS ANIMALS

IF ANYONE WOULD LIKE TO GO OUT AROUND THE AVENUE FOR A LOOK AT THE SURROUNDING GARDENS, PLEASE SEE JULIE OR DENISE, WEATHER PERMITTING OF COURSE.

## Money and valuables

Upon admission there is a property list completed and then this is entered onto the Care Control Electronic Monitoring System. All jewellery will be photographed. Monies will be counted and a sheet completed to keep a tally of monies coming in and out. A small request is that if families are bringing in or sending money then the home is kept informed so this can be added to the balance. Monies will be locked away in either the medication cupboard in the resident's room or in the office safe if this would be the preferred option for residents deemed as lacking capacity. For residents that have capacity they have the option of keeping their money on their person, in the medication cupboard or in a locked drawer in their bedroom

# Summer Jokes

**1. What is brown, hairy, and wears sunglasses?**

A coconut on vacation.

**2. What kind of a tree fits in your hand?**

A palm tree!

**3. What did the little corn say to the mama corn?**

Where is popcorn?

**4. How do we know that the ocean is friendly?**

It waves!

**5. What do you do if you get rejected at the sunscreen company?**

Reapply

**6. How do you prevent a summer cold?**

Catch it in winter.

**7. What do snowmen do in summer?**

Chillout

**8. Where do goldfish go on vacation?**

Around the globe

**9. Where do sheep go on vacation?**

The Baahamas

**10. Why don't oysters share their pearls?**

Because they're shellfish!

# At The Ocean

## Word Search Puzzle



BEACH	SAILBOAT	STARFISH
BOARDWALK	SAND	SURFERS
CRAB	SEA LION	SWIM
DOLPHIN	SEAGULL	TIDE
JELLYFISH	SEAWEED	UMBRELLA
LIFEGUARD	SHARK	VOLLEYBALL
PELICAN	SHELLS	WAVES
PIER	SNORKEL	WHALE

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Picture-postcard covers, exotic palm trees, a serene coastline and an iconic replica ship are just some of the things that give [Brixham](#) so much character. Situated in the southern corner of Torbay opposite [Torquay](#), this attractive [South Devon](#) fishing town offers visitors a wealth of things to do, from riveting historical attractions to



laid-back golf courses, a range of arts and culture and excellent local food. The town is a key part of the [English Riviera](#) and home to a UNESCO Global Geopark (one of only seven in the UK). Read on to find out why Brixham is so special and discover a few local secrets to help you make the most of your stay.

## About the town:



Cobbled streets and pastel-coloured fishermen's houses cascade down to the bustling harbour where you will find traditional shops showcasing locally made souvenirs, crafts and foods. One of the busiest fishing ports in the UK, life in Brixham is centred around this picturesque harbour. From early in the morning when the fish auctions are held at the famous Brixham Fish Market, until late in the evening when the seafood restaurants are filled with diners, there is a lively buzz here.



Enjoy a relaxing stroll along the waterfront watching children fishing for crabs and from the viewing platform, admire the harbour's fleet of heritage trawlers coming in with their daily catch, plus a variety of pleasure craft and luxury yachts. Protecting the harbour is the extensive structure of Brixham Breakwater which offers a pleasant walk along its half-mile long length. And on a warm summer's day, Breakwater Beach is the perfect spot to delight in a refreshing paddle in the sea.

## The beaches:



There are several great beaches in the Brixham area with a mixture of pebble, shingle and sand. [Breakwater Beach](#) has won a host of awards for its cleanliness and all-round quality. Situated at the mouth of Brixham Harbour, this Blue Flag shingle beach may be small, but it has easy access, close amenities and plenty of parking. It is also a favourite with scuba divers as the water is clear and relatively calm, so if you fancy earning your 'open water certificate', you will be rewarded with rare seagrass beds, seahorses, colourful fish and even the odd shipwreck down in the depths.

Just under 200 yards from Brixham's harbour is [Shoalstone Beach](#), a family-friendly stretch of shingle where you will also find [Shoalstone Seawater Pool](#), an iconic Art Deco Lido built on a natural rock pool. Situated at the edge of the water is a café

where you can relax with a Devonshire cream tea and soak up the far-reaching ocean vistas.



Within 1.5 miles of the town centre, you will also find [St Mary's Bay](#), [Churston Cove](#) and [Fishcombe Cove](#), which all enjoy a mixture of shingle and sandy beaches, interesting rock formations, clear waters and are much quieter than Brixham's main beaches. And just 2.5 miles from the town is [Elberry Cove](#), a small pebble beach characterised by wooded hillsides, and the waterside ruins of Lord Churston's former bathhouse, a romantic 18th-century ruin. It also features on the local Agatha Christie Literary Trail as it was the author's favourite spot for a swim.





