



Blackdown Nursing Home

March 2023 Newsletter

Introduction

Welcome to our March Newsletter, we have some new activities on the list below for the forthcoming month. We have been sowing seeds and hopefully we will soon have some plants matertialising to transfer to our planters.

Forthcoming Events

- 1st Mar - St David's Day Activities
- 2nd Mar - Pastoral Meeting 11am & Music with Peter at 2pm
- 7th Mar - Music with Patrick at 2pm
- 9th Mar - Bee Keeping talk with Roger at 2pm
- 11th Mar - JB Childrens Dance Group 11am
- 14th Mar - Zumba with Liz 11am
- 19th Mar - Mothers Day Activites
- 21st Mar - Alison Moyna 2pm
- 24th Mar - Pastoral Meeting 11am
- 28th Mar - Zumba with Liz 11am
- 30th Mar - Podiatrist
- 30th Mar - Bob & Tony 2.30pm

We have been fortunate to be given the use of a car which will enable us to take the residents for some local trips out. If relatives/friends would be willing to meet us at a venue this would enable us to take more residents each time. Please feel free to suggest places to visit.

Congratulations to Taylor who has joined the Wellbeing Team.

Renovations

The patio outside Sunflower Lounge is going to have a facelift - The flower bed is going to have waist height planters which will enable the residents to access them safely and enjoy the outside space.

Updated Call Bell System

We have recently had a new call bell system installed. This has greatly reduced the noise in resident's rooms and corridors especially at night as staff now wear pagers. The issue with the front door has now been rectified.

Easter Raffle - Wed 5th April

Tickets will be on sale from 6th March £1 strip. Egg donations gratefully received.

MARCH BIRTHDAYS

3rd - Lesley
15th - Merrion
26th - Helen

Happy Birthday to you all.

Residents Meeting

On the 23rd February we held our bi-monthly residents meeting. Lots was discussed and some of the items raised have already been implemented.

The residents requested some more interactive activities which we are looking into.

Shenda our Manager said her door is always open for a cup of tea and a chat.

MOTHERS DAY - Sunday 19th March

My Mother, my friend so dear,
Throughout my life you're always near.
A tender smile to guide my way,
You're the sunshine to light my day.



March is Support Marie Curie
'Great Daffodil Appeal'

